



Spring 2

	Spring 2					
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Reception	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To explore movement actions with control and link them together with flow</p>	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To explore movement actions with control and to link them together with flow</p>	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To explore gymnastic actions and shapes</p>	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To explore travelling on benches.</p>	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To explore movement actions with control, and to link them together with flow</p>	<p style="text-align: center;">Topic: Gymnastics (Key steps 1)</p> <p>To remember and repeat simple gymnastic actions with control.</p>
Year 1	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To learn skills for striking and fielding games.</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To practise basic striking, sending and receiving</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To use throwing and catching skills in a game.</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To practise accuracy of throwing and consistent catching</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To strike with a racket or bat</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To play a game fairly and in a sporting manner.</p>
Year 2	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To learn skills for playing striking and fielding games.</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To practise striking a small ball.</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To develop catching skills</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To throw a ball for distance.</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To practise throwing skills in circuit</p>	<p style="text-align: center;">Topic: Throwing and Catching</p> <p>L.O: To use fielding skills to play a</p>
Year 3	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To run in different directions and at different speeds, using a good technique</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To improve Overarm throwing technique</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To reinforce jumping techniques for standing and triple jump.</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To understand the relay events and passing the baton.</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To choose and understand appropriate running techniques.</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To compete in a mini competition, recording scores and faults.</p>
Year 4	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To select and maintain a running pace for different distances.</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To practise throwing with power</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To throw safely and with understanding.</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To explore different footwork patterns (Speed bounce).</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To understand which technique is most effective when jumping for distance</p>	<p style="text-align: center;">Topic: Athletics</p> <p>L.O: To utilise all the skills learned in this unit in a competitive situation.</p>
Year 5	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To identify and apply techniques for hitting a tennis ball.</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To develop the techniques for ground strokes and volleys.</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To develop a backhand technique and use it in a game.</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To practise techniques for all strokes</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To play a tennis game using an overhead serve and the correct selections of shots.</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To understand and use doubles scoring in a tennis game.</p>
Year 6	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To demonstrate and use the correct grip of the racket and understand how to get into the ready position.</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: Recognise the difference between the low serve and the high serve</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To know where the shot should be aimed for, for it to be most productive, and why</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To understand how to use different shots to outwit an opponent in a game</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To develop knowledge, understanding and principles within a doubles game, including tactics and strategies used</p>	<p style="text-align: center;">Topic: Tennis</p> <p>L.O: To participate in a competitive inhouse festival.</p>